

Theory and Practice of the Work that Reconnects: 10-Day Intensive

The Goals of the Intensive are:

1. To sharpen our perceptions of both the unraveling of the industrial growth society and the emergence of a life-sustaining society.
2. To understand cognitively and to integrate psychologically and spiritually the Work that Reconnects. This includes:
 - conceptual learning (living systems theory, deep ecology, and current evidence of the Great Turning);
 - spiritual practices (drawn from many traditions, especially from Buddhist, Christian, and indigenous teachings);
 - interactive processes (including despair work, deep ecology and deep time exercises, rituals, and collaborative small group work).
3. To build strong, lasting connections with sister and brother warriors for life on Earth, that can provide mutual support under conditions of political repression, economic breakdown, and ecological collapse.
4. To review our lives, reflect on our gifts, and clarify our intentions for taking part in the Great Turning.

The 10-Day Span

Day 1: Afternoon arrival and settling in, then our opening meeting after supper.

Day 2: Orientation to our intensive and to the land, time for rest and meeting one another, beginning our work together

Days 3 - 5: Foundational teachings and experiences: the first two stages of the Work That Reconnects (gratitude and despair work) and their underlying principles from spiritual traditions and systems theory.

Day 6: The Medicine Walk, a silent and solo day in nature.

Days 7 - 9: The last two stages of the Work That Reconnects (seeing with new eyes and going forth). In the context of deep ecology and deep time, we address particular challenges and the roles we each can play in the Great Turning. Last night ceremony and celebration.

Day 10: Last preparations for post-intensive transition. Farewell ritual and departure after lunch

A Day in the Life of the Intensive:

6:30 a.m. Optional yoga or sitting meditation. Silence continues through breakfast.

9:00 a.m. The main teaching session of the day, combining lectures, discussion, and experiential exercises, indoors and out.

12:45 p.m. Generous after-lunch time is reserved for quiet reflection, reading, outdoor recreation, and private consultations with Joanna's Assistant and co-teacher Anne Symens-Bucher.

An area is set aside for our use as a library and resource center.

4:00 p.m. Afternoon teaching session.

5:15 p.m. Frequent home group meetings (with the option of completing the Quaker-derived *clearness process*.)

8:45 Relaxed time for socializing, singing, drumming, dancing and rituals.

10:30 p.m. At 10:30 p.m. silence begins, to last through breakfast of the next day

Expectations for Participation:

- All participants will remain on the land for the duration of the intensive, except for emergencies and those that are commuting.
- Use of telephone and email is limited to urgent matters. Emergency telephone messages will be received 24 hours a day (at numbers to be provided).
- As you arrange the time you will devote to this life experience, we urge you to include, along with travel time, a quiet, unscheduled day upon your return home, without telephone, television, and email.

Suggested meal times:

7:30 - 8:30 Breakfast

1:00 pm Lunch

6:30 pm Supper